# 3 The limits of objective assessment of medical practice

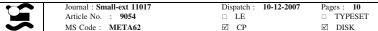
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- 7 **Abstract** Medical work is increasingly being subjected to objective assessment as
- those who pay for it seek to grasp the quality of that work and how best to improve it. While objective measures have a role in the assessment of health care, I argue
- that this role is currently overestimated and that no human practice such as medicine
- can be fully comprehended by objective assessment. I suggest that the character of
- 12 practices, in which formalizations are combined with judgment, requires that valid
- 13 assessment involve the perspective of the skilled practitioner. Relying exclusively
- on objective measures in assessing health care will not only distort our assessments
- 15 of it but lead to damage as the incentives of health care workers are directed away
- 16 from the important aspects of their work that are not captured by objective
- 17 measures.
- 18 **Keywords** Clinical judgment · Pay for performance · Performance assessment ·
- 19 Quality of care · Rule-following · Social practice
- 20 Science and medicine posit a real world amenable to investigation. We demand that
- 21 legitimate knowledge of that reality should be objective, that is, obtained by
- 22 measures that are independent of the vagaries of individual perspective. This
- 23 laudable desire for knowledge free from bias, which has led to so many triumphs in
- 24 the past several hundred years, is now being brought to bear upon our practical
- 25 activities. We increasingly scrutinize health care or education or other practices for
- 26 purposes of assessment by objective means. The true value of these practices, we
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appear to believe, may be best judged by whatever measures of them we can devise that are both independent of practitioner perspective and suited to quantitative comparisons.

When we seek to objectify health care quality or physician performance, the advantages of doing so seem clear; we conceive of health care in terms that allow us to compare care episodes to one another in a quantitative way, and whatever parameter of quantity we use becomes a surrogate measure for health care quality itself. Physician competence, when objectified, allows similar comparisons of physician performances with one another in quantitative terms that correspond to greater or less competence at medical practice. We appear to be on the threshold of physician compensation according to performance so objectified from the Center for Medicare and Medicaid Services (Epstein 2006). The objectification and measurement of health care quality is put forward as a primary means of addressing the important problem of medical errors (Institute of Medicine 2006, passim). And the Accreditation Council for Graduate Medical Education is developing objective measures of physician competence for use by graduate medical training programs in the United States.<sup>1</sup>

In what follows I will argue that objective measures of competence or quality cannot serve as adequate stand-ins for what they purport to measure. Medical practice can be usefully characterized as a blend of formalization and judgment; while objectification can succeed at assessing formalization, it fails at capturing judgment. This is not to say that objectification, so far as it may go, is not useful or that we ought not to attend to the comparisons it makes possible and improve our practice insofar as objective measures find it wanting. It is to point out that the aspects of quality unscrutinized by such measures may be no less important than those captured by them. Focusing on the results of objective measurement may leave us with a distorted view of the quality of medical work we seek to assess. Incentivizing conformity to objective measures may lead to the slighting of aspects of quality not so measured.

## Medical practice and its objectification

What happens to the activity of medical practice when we attempt to capture it for purposes of objective assessment? The premise of objectification of physician performance is that there is a view of what the doctor does that is independent of any given observer's perspective. To objectify is to seek the reality of the patient encounter as distinguished from the reality-of-the-encounter-as-seen-from-here. Of course there is no such perspective-independent reality accessible to us and it is therefore an illusion to suppose that we can eliminate perspective from assessment. The next best thing is to alter the perspective from which the doctor's work will be viewed to an everyday perspective from which all can see it similarly: such as the

<sup>1</sup> Accreditation Council for Graduate Medical Education (2001, http://www.acgme.org/acWebsite/home/home.asp). Accessed 5/17/07.



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view of the non-medically-trained chart auditor who can examine a chart, identify a diagnosis code, and compare indicated interventions for that diagnosis in a time-interval with those actually carried out by the physician in the interval.

The transformation of the doctor's work as experienced by her to that work as characterized by the chart auditor is a notable gain in objectivity. The record of a series of patient encounters is transformed into some degree of conformity with performance indicators over a given interval for a given diagnosis. And such conformity is suitable for the kind of quantitative comparisons objective assessment typically makes possible. Unfortunately, the gains of objectification do not occur without costs. Even for the physical world, objectification is a retreat from experience. The reading on the speedometer does not convey the feeling of speed as experienced, say, on a motorcycle, useful as the speedometer reading may be for quantitative comparisons.<sup>2</sup> In the world of human practices, objectification is even more costly; we lose sight of substantial aspects of practice when we objectify it for purposes of assessment.

Consider the nature of practices.<sup>3</sup> A practice is a mode of engagement with the world aimed at particular purposes and governed by publicly accessible norms. Such engagement occurs in terms of a particular language that provides the concepts into which the practitioner transforms the portion of the world amenable to the practice. In the case of medicine, the practitioner identifies illness and comes to see it in terms of the specialized language of medicine for purposes of healing. This transformation of the world of illness into the formalizations of medicine occurs through the practitioner's knowledge of such formalizations brought to bear in trained perception, the latter of which may be labeled professional judgment. Judgment is coming to see the patient as a case of, say, pneumonia, "seeing the patient as x." Any medical encounter is a blend of these two elements, the formalizations of medicine and the manner in which the physician sees the patient in their terms.<sup>4</sup>

#### 93 Formalization

The structure of formalization is inferential: if a, then b. The categories of medicine textbooks and articles connect inferentially in various ways according to pathophysiological mechanisms, differential diagnostic associations, or amenability to given modes of treatment. Practice guidelines are prototypical medical formalizations. The algorithms of such guidelines all begin with given scenarios that must be matched by practitioners to their actual patients. Decision points extend from these scenarios along implication lines to further decision points followed by therapeutic options. Practice guidelines and other formalizations of medicine are

<sup>&</sup>lt;sup>4</sup> The distinction between formalization and judgment made here is similar to that drawn by Nelson (2001). The ensuing discussion also draws upon the considerable literature on Wittgenstein and rule-following, particularly the work of John McDowell. See, for instance, McDowell (2002).



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<sup>&</sup>lt;sup>2</sup> An illustration owed to Cussins (2002).

<sup>3</sup>FL01 <sup>3</sup> The capsule account of practices offered here is not uncontroversial but is broadly consistent with the views of philosophers, educators, and sociologists who have been influenced by Wittgenstein. See, for instance, Stroud (1996), Hanna and Harrison (2004) and Schatzki (2003, 174–202).

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amenable to objectification. Given one end of the inferential relationship, one can assess for the presence of the other end in a non-judgment dependent manner, as the chart auditor does when looking for diabetes performance indicators given a diagnosis of diabetes.

As with medical abstractions and guidelines, the techniques and procedures of medicine are similarly formal and amenable to objectification when straightforwardly carried out. Just as adherence to guidelines can be objectively confirmed by chart auditing, textbook knowledge is assessable in multiple choice tests. Historytaking, physical diagnosis, surgery, and other more or less invasive procedures can all be evaluated by isolating and agreeing upon basic elements of such stereotyped activities competently performed and setting those elements out in a checklist against which an evaluator can compare actual performance.

When considered apart from their use in practice, the formalizations of medicine are clear, explicit and inert, analogous to a software program or a rulebook. A merely abstract understanding of such formalizations is, however, no understanding at all from the perspective of the practitioner, who achieves a view of patients in terms of the formalizations. To do that properly requires not merely formal "knowing that" but also "knowing how," or judgment.

### 120 Judgment

The skilled physician sees the patient in terms of medicine's formalizations properly. The structure of such judgment is perceptual, but not perception conceived as the passive registering of a given external reality; professional judgment is active perception;<sup>5</sup> in putting a sense on the particulars of patient problems, the physician transforms them into the constituent elements of the disease concepts under which he comes to see the patient when the diagnosis is made. Such "seeing as" is, for higher levels of judgment, impossible without the trained perception and perspective of the competent physician. The role of such judgment is not limited to diagnosis. In using practice guidelines to determine treatment of patients with given diagnoses, the physician must judge at each point the fit between the patient's condition and that presumed by the algorithm, as distilled from the trial results that led to the algorithm's construction. Judgment, or "seeing as," accompanies the use of formalizations in thinking about patients at every point.

In the hands of the skilled practitioner, the formalizations of medicine change from a rigid and inert network of concepts connected by inference rules; they become the flexible instrument that natural language can be for the skilled speaker—shedding light in darkness, carving reality at its joints to lay it bare for the purposes of the practice. We often speak as if good practice followed from the formalizations; in practicing we say we are "following the rules." The dependence relationship between rules and practice is, in fact, the other way. It is only the good practitioner who can "follow the rules" and, in doing so, make clear what the rules mean in practice. The rules cannot tell us what to do (or how to think) without judgment.

<sup>5</sup> In regard to perception conceived as an achievement, see Noe (2005, passim).



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"The concepts of 'knowing that' can pick out particulars in the world only through 'knowing how.'" This is a familiar thought to the third year medical student venturing onto the wards after 2 years of cramming with medical "knowledge that". The neophyte third year student finds at the bedside that she cannot readily attach the descriptions and mechanisms so carefully mastered in the classroom to their real world counterparts, and so she begins again. Guided by faculty and by more experienced trainees, she learns to recognize the clinical pictures that she had mastered in the abstract—and so comes to learn, not the meaning of "pneumonia," but what pneumonia is in the world. She had been able to refer to pneumonia in the pathophysiology course classroom; now she learns to fix the extension of the concept—a matter of "knowledge how." The plausibility of claims that rules are fundamental to practice follows from cases in which we are satisfied with the results of ordinary judgment engaged in rule-following. It is likely true that most literate people can follow simple instructions successfully; non-cooks can read a simple recipe and produce an edible dish. <sup>7</sup> Judgment is critical even to rule-following of this rudimentary sort, but we lose sight of it because we all (or almost all) possess the ordinary judgment that informs our common coping with daily life. The role of judgment looms larger at higher levels of practice; the rules are not so much followed as illumined by the accomplished chef who can take the simple recipe and produce an extraordinary dish. In such cases the rules may signal a purpose, but otherwise serve more or less as adequate descriptions of practice rather than as direction for it.

### Objectification and assessment

Insofar as objectification succeeds for medical work, it does so by eliminating the need for judgment as exercised at the higher levels of professional competence. Part of the point of performance indicators is that no special training or perspective is necessary to determine whether they have been met. Whereas whether a physician has properly perceived the condition of a given patient at a given time such that acting as demanded by the performance indicators was the right decision, can only be determined by someone with the skill necessary for medical "seeing as;" that is, by another competent physician. Professional judgment is inescapably subjective.

<sup>7</sup> I owe this illustration to Nelson, "Unlike Calculating Rules."





<sup>&</sup>lt;sup>6</sup> This is of course a controversial claim. The world exists apart from our concepts but we necessarily apprehend it through them. The dominant tradition in linguistics and analytic philosophy views this apprehension as mediated primarily through representations; we form concepts that mirror the world and hence achieve a cognitive grasp of it—thus "referential realism" (to use Harrison and Hanna's term; see footnote 5) in theories of meaning and representation theories of mind in philosophy of mind. I follow here an opposing tradition, upheld in continental philosophy and by a minority of analytic philosophers influenced by Wittgenstein who reject the primacy of representations in favor of some variant of "knowing how"—knowing how to act in a social practice for Wittgenstein and his successors, "embodied coping" for Hubert Dreyfus, "sensorimotor knowledge" in the work of Alva Noë, "motor intentionality" for Merleau-Ponty. As Charles Taylor contends, "our grasp of things is not something that is in us, over against the world; it lies in the way we are in contact with the world, in our being-in-the-world..." (Taylor 2000). See also Haugeland (1998), Devitt (2006), Dreyfus (2002), Hanna and Harrison and Stroud as cited in footnote 5, above.

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The differential success of objectification with formalization and judgment is reflected in our attempts to objectify assessment in medicine. We do well when we seek objective assessment of formalizations in the form of abstract medical knowledge or the techniques and procedures of medicine when these are straightforwardly carried out. Abstractions apart from judgment may be assessed through instruments such as multiple choice tests. History-taking, physical diagnosis, surgery, and other more or less invasive procedures can all be evaluated objectively insofar as one may isolate and agree upon basic elements of such stereotyped activities competently performed and set those elements out in a checklist against which an evaluator can compare actual performance.

Objective assessment becomes more problematic when aimed at practical performances involving judgment, when medical knowledge or procedures must reach beyond their stereotyped elements to grapple with individual cases. The medical history is a means to the end of diagnosis; if the history is taken as a means to elucidate an obscure set of symptoms and resolve a confusing clinical picture, then assessing the skill of the history-taker becomes much less amenable to comparing a given performance against a criterial checklist. So it is with any procedure in medicine when the practitioner meets with circumstances or complications requiring deviation from the routine. When the focus shifts from a stereotyped set of acts to grappling with a recalcitrant reality, it will no longer do to merely compare performance to preset criteria. One must judge the performance against the demands of the situation, demands that cannot be specified in advance. Performances which may be adequate or even excellent when judged by conformity to criteria may be seriously wanting when the situation's demands are considered.<sup>8</sup>

Objective assessment of practices thus may get at the formalizations of the practice but not at professional judgment. The chart auditor considering records of a diabetic patient visit may confirm the absence of given physician interventions, but he cannot assess the implications of other illnesses or symptoms for the needs of the patient at that particular visit or how those needs may have affected the importance or propriety of the given interventions for diabetes in which the auditor is interested. The judgment involved in bringing the relevant medical knowledge about diabetes to bear on the individual patient situation remains opaque to the objective measure. Thus objective measurement in such a case interrogates the physician's performance only in regard to a given formalization—if diabetes, then check the a1c, examine the feet, refer for ophthalmological examination, etc.—the importance of which for the given visit has not been established, as only professional judgment could do. For this reason, objective measurement of medical practice must be radically incomplete.

#### The limits of objectification in the assessment of practices

Given that practice partakes of formalizations that are amenable to objective assessment and of professional judgment that is not, how ought we to assess it?

<sup>8</sup> This line of objection to the ACGME's approach to assessing competence in medical trainees is developed further in Huddle and Heudebert (2007).



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Objective measures such as performance indicators certainly have their place. Physicians do need to carry out the interventions of secondary prevention given particular diagnoses. Patients with diabetes ought to have their glycosylated hemoglobins measured and attended to; patients with coronary artery disease ought to be on antiplatelet therapy. Whether we perform these interventions when they are indicated certainly reflects the quality of the care we offer to our patients.

We need, therefore, to make use of quality measures while remembering that the picture of quality they offer is incomplete. In doing so, we must design these measures carefully. If we fail to do so the financial and opportunity costs incurred by attending to them may exceed the benefit of achieving them. Hayward et al. suggest that we ought to choose process rather than outcome measures, given the difficulty of adjusting outcome measures for case mix; that we focus upon interventions most likely to affect outcome, especially those likely to have the greatest such effects; that we consider whether given candidate interventions might be less important for subpopulations of patients; and that we consider the likelihood that given measures will induce physicians to game the system (Hayward et al. 2004). These are all well-taken cautions; bad quality measures may paradoxically lead to worse rather than better practice.

But the broader question is whether a focus upon quality measures may displace attention and effort from those aspects of the physician's work that are not amenable to assessment through such measures at all. While part of what we do is the routine care of chronic disease, for which quality measures are appropriate, we do many other things that do not involve deducing therapy implications according to a given formalization. We must often identify relevant phenomena from the human drama we confront in the examining room and fit them, once identified, into a conceptual scheme, which may be as clearcut as the algorithmic formalizations from which secondary prevention measures are deduced; may be a pathophysiological scheme with less definite implications, such as the neurohormonal perturbations of heart failure; or may be a life narrative.

While algorithmic formalizations can lead to specific therapeutic implications unproblematically, fitting the patient into the scheme requires expert judgment. Other kinds of schemes require judgment not only in fitting the patient into them but in deciding what implications follow. A patient's fit into the contemporary conceptual scheme of heart failure physiology may not be easily decided upon by specifiable criteria and may, once established in the physician's mind, imply no given therapeutic intervention—proper therapy then following from the physician's skilled perception of how the patient's condition relates to his condition in the past or to that of other patients with heart failure whom the physician has treated previously. In the case of end-of-life decisions the scheme into which the patientsituation requires fitting is a life narrative. The physician who properly appreciates the patient's story may sensitively aid the patient's decision making. Such appreciation and the judgment required to act on it are not objectifiable. It is quite conceivable that a physician might be sensitive to life narratives, an excellent diagnostician and a good judge of what a patient's condition demands and yet be deficient in meeting quality indicators. While the deficiency is a real one, the virtues of such a physician will be undetectable by assessments of quality based simply upon indicators.

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Encouraging physicians to attend to secondary prevention, as attention to quality measures will certainly do, is a worthwhile goal. But if we are making judgments about the quality of physician practice in toto, we need to make sure that we are indeed assessing practice in all of its aspects. And, insofar as we limit our assessments to particular aspects of practice, we need to make sure that our focus does not discourage other aspects outside its scope. Insurance payors have been quick to trumpet the success of hospitals in meeting quality indicators and thus meriting pay for performance as evidence of "improving health care quality." Such claims would be better understood as identifying improvement in the aspect of quality reflected in quality measures. What effect these programs have on overall health care quality is unknown. Even as regards the benefit of better adherence to quality measures, pay-for-performance has produced modest improvements above that of quality reporting alone for significant increased cost (see Rosenthal 2005; Lindenauer et al. 2007).

So long as the incentives offered to physicians for adherence to quality measures are limited to encouragement in the form of quality reporting, the level of distraction from other important aspects of patient care is likely to be low. A monetary incentive to meet quality indicators is a stronger incentive and thus more likely to distract, the more so as greater monetary incentives are provided; penalties for failure to meet quality indicators are more likely yet to focus physicians on meeting these goals to the possible detriment of other patient priorities. In spite of our not knowing how "pay-for-performance" plans affect actual quality of care (as opposed to aspects of quality assessable by measures), it appears increasingly likely that such plans will be imposed by payors with the strongest possible incentives behind them: financial penalties for failure to conform to quality measures. The Secretary of Health and Human Services has indicated that Medicare will look to quality measurement as a means to save money in future, suggesting that such penalties will have substantial effects on physicians (Aston 2006).

### Avoiding harm from objective assessment of physician work

If in fact physician work is only partly amenable to objectification and our measures of quality focus exclusively on that component, rewarding quality so measured might actually worsen the quality of care that patients receive through the discouragement of physician work not captured by measurement. Publicizing the results of quality measurement might actually steer patients toward physicians who deliver worse rather than better care and destroy patient trust in physicians who overall are doing a good job. We can avoid these outcomes if, in seeking to assess quality, we seek to assess it completely rather than in only some of its aspects. Unfortunately, assessing the judgment-dependent aspects of physician work is difficult. Because judgment is inescapably perspectival, it can be appreciated

<sup>10</sup>FL01 <sup>10</sup> A point forcefully made by O'Neill (2003).



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<sup>9</sup>FL01 9 CMS Office of Public Affairs (2007). Press Release, Center for Medicare and Medicaid Services 9FL02 Website, http://www.cms.hhs.gov/apps/media/press\_releases.asp. Accessed 18 May 2007.

properly only by those who share the relevant perspective, in this case the perspective of the physician skilled at medical practice. Thus non-medically trained chart auditors will be unable to assess clinical judgment. Only competent physicians can do so. This is an unsurprising conclusion; we all know that those skilled at a given task are good judges of others attempting it. Yet peer review, the assessment method for physician work suggested by this consideration, is fraught with difficulties.

Insofar as we wish to assess physician judgment, the gold standard would be real-time scrutiny of physicians in action by other competent physicians. This would be expensive and logistically awkward outside of academic settings, as well as being subject to limitations imposed by the Hawthorne effect. Less direct forms of scrutiny might still be much more useful if performed by physicians than by others; chart review can reveal aspects of judgment to physicians reading "between the lines" that chart auditors are blind to. While the examination of patient charts does not allow comparison between documentation and clinical reality, diagnostic and other errors of judgment often become clear in the medical record through the passage of time as the needs of sick patients and the character of illness declare themselves whether or not met and perceived when they should have been obvious.

Review of physician work at the level of the individual case by other competent physicians offers a way to assay physician judgment and thus supplement the incomplete picture of health care quality offered by objective measures. Such review can achieve reliability if sampling is suitably wide. Patient perspectives on the care they have received offer access to another aspect of health care quality that might be assayed through interviews or surveys. Methods such as these are needed to supplement the reporting of health care quality measures if we are to properly judge the quality of physician performance. While objective measurement has brought improvement to diverse areas of American life, focus upon such measures to the exclusion of other aspects of quality has likely contributed to disaster in business (Zimmerman 2007), in law enforcement (Dewan and Goodman 2007), and in other important activities. Only if we are assessing something close to actual health care quality rather than limited aspects of it can we be confident that our corrective actions to improve quality in health care will do good rather than harm.

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